

ACCT# _____ PATIENT INFORMATION

THE FOLLOWING INFORMATION IS NEEDED IN ORDER TO BETTER SERVE YOU. PLEASE ANSWER ALL QUESTIONS COMPLETELY AND ACCURATELY. PLEASE PRINT.

Full Name _____ Sex: M F
Home Phone _____ Cell Phone _____ Work Phone _____
Address _____ City _____ State _____ Zip Code _____
Age _____ Birth Date _____ Marital Status (Circle One) S M W D Sep Number of Children _____
SSN# _____ - _____ - _____ Driver's License Number _____
Email Address _____
Employer _____ Occupation _____ Number of Years _____
Employer Address _____ City _____ State _____ Zip Code _____
Name of Spouse _____ Spouse Date of Birth: _____

In case of Emergency:

Name of Spouse, Parent or Guardian _____
Spouse's Employer _____ Spouse's Work Phone _____
Employer's Address _____ City _____ State _____ Zip Code _____
How did you find out about our office? _____

I (We) agree to pay for services rendered to the above mentioned patient as the charge is occurred. I (We) authorize the doctor and his staff to release any information deemed appropriated concerning my physical condition to any ins. co., attorney or adjuster in order to process any claim for reimbursement of charges incurred by me as a result of professional services rendered and hereby release him/her of any consequence thereof. I agree that a photo static copy of this agreement shall serve as the original.

I (We) hereby authorize and direct payment of any medical/chiropractic expense benefits allowable to the doctor as payment toward the total charges for professional services rendered. This payment will not exceed my indebttness to the assignee. I agree that a photo static copy of this agreement shall serve as the original.

Patient Signature _____ Date _____

Spouse or Guardian Signature _____ Date _____

****Notice to our new patients: Full payment for services rendered is due at the end of each visit****

Kauffman Chiropractic 24-Hour Diet Recall

Please be as specific as possible. Include everything you have eaten in the past 24 hours. Include all beverages, condiments, and portion sizes.

[illegible]

Is this a typical day of food for you? If not, please explain _____

Activity Level: Please Circle:

Sedentary: (typical daily household tasks and little physical activity at work)	Low Active: (30-60 minutes of brisk walking at least 5 days per week)	Active: (over 60 minutes brisk walking, other moderately intense activity daily)	Very Active: (Active lifestyle and 60 minutes of intense activity such as jogging per day)
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ENTER YOUR CURRENT HEIGHT _____ **AND WEIGHT** _____

HEALTH APPRAISAL - BRIEF

NAME _____

DATE _____

CIRCLE the number which best describes the **frequency** of your symptoms. If you do not know the answer to the question, leave it blank. When you are finished, please add the number of points in each section and enter the number in the **Total Point** box. The score for YES is the number inside the parenthesis ().

(0) never or rarely (1) twice a week or less (2) three to six times a week (3) daily or several times a day

PART I

Section A

1. Indigestion	0	1	2	3
2. Belching, burping	0	1	2	3
3. Gas immediately following a meal	0	1	2	3
4. Sense of fullness during meals	0	1	2	3
5. Poor appetite, picky eater	0	1	2	3
6. Difficult bowel movements	0	1	2	3
7. Difficulty swallowing	0	1	2	3
8. History of anemia, unresponsive to iron	N			Y (10)
9. Vegetarian (no eggs, dairy)	N			Y (5)
10. Spoon shaped nails	N			Y (3)
11. Unintentional weight loss	N			Y (3)
12. Partial loss of taste or smell	N			Y (3)

Total Points _____

Section B

1. Indigestion and fullness lasts 2-4 hours after eating	0	1	2	3
2. Pain, tenderness, soreness on left side under rib cage	0	1	2	3
3. Bloating	0	1	2	3
4. Excessive passage of gas	0	1	2	3
5. Abdominal cramps, aches	0	1	2	3
6. Nausea and/or vomiting	0	1	2	3
7. Specific foods/beverages aggravate indigestion	0	1	2	3
8. Roughage and fiber causes constipation	0	1	2	3
9. Three or more large bowel movements daily	0	1	2	3
10. Alternating constipation and diarrhea	0	1	2	3
11. Undigested food in stool	0	1	2	3
12. Mucus in stool	0	1	2	3
13. Dry, flaky skin, dry brittle hair	N			Y (3)
14. Difficulty gaining weight	N			Y (3)

Total Points _____

Section C

1. Stomach pain, burning, aching 1-4 hours after eating	0	1	2	3
2. Feeling hungry an hour or two after eating	0	1	2	3
3. Stomach discomfort, pain in response to strong emotions, thoughts, smell of food	0	1	2	3
4. Heartburn, especially when lying down, bending forward	0	1	2	3
5. Heartburn due to spicy and fatty foods, chocolate, peppers, citrus, alcohol, caffeine	0	1	2	3
6. Difficulty or pain when swallowing	0	1	2	3
7. Chest pain or infections, difficulty breathing	0	1	2	3
8. Experience relief from carbonated beverages, cream/milk/food	0	1	2	3
9. Constipation	0	1	2	3
10. Black, tarry stool	0	1	2	3

Total Points _____

Section D

1. Lower abdominal pain, cramping and/or spasms	0	1	2	3
2. Lower abdominal pain relief by passing stool or gas	0	1	2	3
3. Raw fruits, vegetables and stress aggravate bowel pain	0	1	2	3
4. Diarrhea (loose watery stool)	0	1	2	3
5. More than three bowel movements daily	0	1	2	3
6. Excessive gas and bloating	0	1	2	3
7. Painful, difficult, straining during bowel movements	0	1	2	3
8. Hard, dry or small stool	0	1	2	3
9. Extremely narrow stools	0	1	2	3
10. Alternating diarrhea/constipation	0	1	2	3
11. Mucus, pus in stool	0	1	2	3
12. Feeling that bowels do not empty completely	0	1	2	3
13. Bright red blood following bowel movement	0	1	2	3
14. Anal itching	0	1	2	3

Total Points _____

PART II

Section A

1. Moderate to severe pain under right side of rib cage	0	1	2	3
2. Abdominal pain worsens with deep breathing	0	1	2	3
3. Regurgitate bitter fluid	0	1	2	3
4. Bloating, full feeling	0	1	2	3
5. Belching, heartburn, gas	0	1	2	3
6. Fatty foods cause indigestion	0	1	2	3
7. Nausea or vomiting	0	1	2	3
8. Feel restless, agitated	0	1	2	3
9. Unexplained itchy skin worse at night	0	1	2	3
10. Stool color alternates from clay colored to normal brown	0	1	2	3
11. Feeling of poor health	0	1	2	3

12. Fatigue, weakness, exhaustion	0	1	2	3
13. Unable to concentrate, irritable, confused	0	1	2	3
14. Swollen feet and/or legs	0	1	2	3
15. Easy bruising	0	1	2	3
16. Feeling of extreme dryness	0	1	2	3
17. Reddened skin, especially palms	0	1	2	3
18. Dark urine, diminished flow	0	1	2	3
19. Dry, flaky skin, hair	N			Y (3)
20. Yellowish cast to skin, eyes	N			Y (3)

Total Points _____

Section B

1. Fatigue, sluggish	0	1	2	3
2. Feel cold, (i.e. hands and feet)	0	1	2	3

Section B (continued)

3. Difficult, infrequent bowel movements	0	1	2	3
4. Dryness - skin, hair	0	1	2	3
5. Thick, brittle nails	0	1	2	3
6. Outer third of eyebrow thins	0	1	2	3
7. Puffy face, hands and feet	0	1	2	3
8. Swollen upper eyelids	0	1	2	3
9. Eyeballs move involuntarily	0	1	2	3
10. Muscles weak, cramp and/or tremble	0	1	2	3
11. Slow mental processes, forgetfulness	0	1	2	3
12. Slow heart beats	0	1	2	3

13. Loss of appetite	0	1	2	3
14. Abdominal swelling	0	1	2	3
15. Unsteady gait, movements	0	1	2	3
16. Lack of interest in sex	0	1	2	3
17. Premenstrual tension	N			Y (3)
18. Infertility	N			Y (3)
19. Heavy menstrual bleeding	N			Y (3)
20. Gain weight easily	N			Y (10)
21. Swelling of the neck	N			Y (10)
22. Thinning hair on scalp, face and genitals	N			Y (3)

Total Points_____**PART III**

1. Progressive, mild fatigue after exertion or stress	0	1	2	3
2. General weakness	0	1	2	3
3. Blurred vision, dizzy when rising	0	1	2	3
4. Depression	0	1	2	3
5. Rapid mood swings	0	1	2	3
6. Irritable, nervous	0	1	2	3
7. Dark circles under the eyes	0	1	2	3
8. Disinterest in food	0	1	2	3
9. Abdominal pain	0	1	2	3

10. Indigestion	0	1	2	3
11. Blotchy skin (white patches)	0	1	2	3
12. Tan skin, no sun	0	1	2	3
13. Black freckles on upper forehead, face, neck	0	1	2	3
14. Craving for salty foods	0	1	2	3
15. Gradual loss of body hair	N			Y (3)
16. Sensitive to subtle changes in surroundings, weather	N			Y (5)

Total Points_____**PART IV****Section A**

1. Generalized bone tenderness and achiness	0	1	2	3
2. Localized bone pain	0	1	2	3
3. Bone deformity or swelling	0	1	2	3
4. Shins hurt during or after exercises	0	1	2	3
5. Low back or hip pain	0	1	2	3
6. Limp, walking difficulties	0	1	2	3
7. Crunching or creaking sounds when move joints	0	1	2	3
8. Hands, feet, throat spasm, feel numb	0	1	2	3
9. Joint pain and stiffness - especially in spine, hips, knees	0	1	2	3
10. Hearing loss, headaches, ringing in ears	0	1	2	3
11. Established bone loss	N			Y (10)
12. Calcium deposits	N			Y (5)
13. Spinal curvature	N			Y (10)
14. Recent loss of height	N			Y (10)
15. Bow legs	N			Y (5)
16. Stooped posture	N			Y (5)
17. Hump at base of neck	N			Y (5)
18. Unexplained bone fracture	N			Y (10)
19. Tooth loss, gum disease	N			Y (3)

Total Points_____**Section B**

1. General muscle ache, pains	0	1	2	3
2. Localized muscle stiffness, tension, pain	0	1	2	3
3. Specific points on body feel sore when presses	0	1	2	3
4. Headaches	0	1	2	3
5. Fatigue, tired, sluggish	0	1	2	3
6. Difficulty sleeping	0	1	2	3
7. Feel unrefreshed upon awakening	0	1	2	3
8. Muscle weakness or loss	0	1	2	3
9. Difficulty speaking swallowing	0	1	2	3
10. Muscle cramps or spasm	0	1	2	3
11. Muscles twitch or tremble - eyelids, thumb, calf muscle	0	1	2	3
12. Irresistible urge to move legs	0	1	2	3

Section B (continued)

13. Legs move during sleep	0	1	2	3
14. Numbing, tingling sensation	0	1	2	3
15. Excessive joint mobility	0	1	2	3
16. Unable to fully straighten or extend legs and/or arms	0	1	2	3
17. Upper or lower back pain	0	1	2	3

Total Points_____**Section C**

1. Joint stiffness, soreness	0	1	2	3
2. Red, swollen painful joints	0	1	2	3
3. Joint stiffness worsens with rest, improves with moving	0	1	2	3
4. Cracking joints	0	1	2	3
5. Shooting, aching, tingling pain down the back of leg	0	1	2	3
6. Joint pain involves one or a few joints	0	1	2	3
7. Joints hurt when moving or when carrying weight	0	1	2	3
8. Limited range of motion	0	1	2	3
9. Difficulty standing up from sitting position	0	1	2	3
10. Joint stiffness improves with rest, worsens with moving	0	1	2	3
11. Headache	0	1	2	3
12. Difficulty chewing food or opening mouth	0	1	2	3
13. Numbness, prickling, tingling sensation in the neck, shoulder and arms	0	1	2	3
14. Involuntary muscle spasms	0	1	2	3
15. Deliberate movement with hands is difficult	0	1	2	3
16. Injure, strain, sprain easily	0	1	2	3
17. Discomfort or pain in neck, shoulder or arm	0	1	2	3
18. Knobby overgrowths on the joints closest to the fingertips	N			Y (5)
19. Double jointed	N			Y (5)
20. One leg shorter than the other	N			Y (5)

Total Points_____

Medical History	Medical (Men)	<input type="checkbox"/> Osteoporosis				
<input type="checkbox"/> Arthritis <input type="checkbox"/> Allergies/Hay Fever <input type="checkbox"/> Asthma <input type="checkbox"/> Alcoholism <input type="checkbox"/> Alzheimer's Disease <input type="checkbox"/> Autoimmune Disease <input type="checkbox"/> Blood Pressure Problems <input type="checkbox"/> Bronchitis <input type="checkbox"/> Cancer <input type="checkbox"/> Chronic Fatigue Syndrome <input type="checkbox"/> Carpal Tunnel Syndrome <input type="checkbox"/> Cholesterol – Elevated <input type="checkbox"/> Circulatory Problems <input type="checkbox"/> Colitis <input type="checkbox"/> Dental Problems <input type="checkbox"/> Depression <input type="checkbox"/> Diabetes <input type="checkbox"/> Diverticular Disease <input type="checkbox"/> Drug Addiction <input type="checkbox"/> Eating Disorder <input type="checkbox"/> Epilepsy <input type="checkbox"/> Emphysema <input type="checkbox"/> Eyes, ears, nose, throat Problems <input type="checkbox"/> Environmental Sensitivities <input type="checkbox"/> Fibromyalgia <input type="checkbox"/> Food Intolerance <input type="checkbox"/> Gastroesophageal Reflux Disease <input type="checkbox"/> Genetic Disorder <input type="checkbox"/> Glaucoma <input type="checkbox"/> Gout <input type="checkbox"/> Heart Disease <input type="checkbox"/> Inflammatory Bowel Disease <input type="checkbox"/> Irritable Bowel Syndrome <input type="checkbox"/> Kidney or Bladder Disease <input type="checkbox"/> Learning Disabilities <input type="checkbox"/> Liver or Gallbladder Disease (stones) <input type="checkbox"/> Mental Illness <input type="checkbox"/> Migraine Headaches <input type="checkbox"/> Neurological Problems (Parkinson's, Paralysis) <input type="checkbox"/> Sinus Problems <input type="checkbox"/> Stroke <input type="checkbox"/> Thyroid Trouble <input type="checkbox"/> Obesity <input type="checkbox"/> Osteoporosis <input type="checkbox"/> Pneumonia <input type="checkbox"/> Sexually Transmitted Disease <input type="checkbox"/> Skin Problems <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Ulcer <input type="checkbox"/> Urinary Tract Infection <input type="checkbox"/> Back Pain <input type="checkbox"/> Neck Pain <input type="checkbox"/> Headaches <input type="checkbox"/> Shoulder Pain <input type="checkbox"/> Hip Pain <input type="checkbox"/> Foot Pain <input type="checkbox"/> Varicose Veins <input type="checkbox"/> Other: _____	<input type="checkbox"/> Benign Prostatic Hyperplasia (BPH) <input type="checkbox"/> Prostate Cancer <input type="checkbox"/> Decreased Sex Drive <input type="checkbox"/> Infertility <input type="checkbox"/> Sexually Transmitted Disease <input type="checkbox"/> Other _____ <th>Medical (Women)</th> <td> <input type="checkbox"/> Tobacco: Cig Chew # /day _____ # /yrs _____ <input type="checkbox"/> Alcohol: Wine: # /day _____ Liquor: # /day _____ Beer: # /day _____ <input type="checkbox"/> Water: # glasses/day _____ Exercise <input type="checkbox"/> 5-7 days per week <input type="checkbox"/> 3-4 days per week <input type="checkbox"/> 1-2 days per week <input type="checkbox"/> 45 min or more duration/wk <input type="checkbox"/> 30-45 min duration/workout <input type="checkbox"/> Less than 30 min <input type="checkbox"/> Walk <input type="checkbox"/> Run, Jog, Jump rope <input type="checkbox"/> Weight Lift <input type="checkbox"/> Swim <input type="checkbox"/> Box <input type="checkbox"/> Yoga <input type="checkbox"/> Other: _____ <th>Nutrition & Diet</th><td> <input type="checkbox"/> Vitamin E <input type="checkbox"/> EPA/DHA <input type="checkbox"/> Evening Primrose/ GLA <input type="checkbox"/> Calcium, source _____ <input type="checkbox"/> Magnesium <input type="checkbox"/> Zinc <input type="checkbox"/> Minerals, describe _____ <input type="checkbox"/> Friendly flora (acidophilus) <input type="checkbox"/> Digestive Enzymes <input type="checkbox"/> Amino Acids <input type="checkbox"/> CoQ10 <input type="checkbox"/> Antioxidants (eg. Lutein, resveratrol, etc) <input type="checkbox"/> Herbs – teas <input type="checkbox"/> Herbs – extracts <input type="checkbox"/> Homeopathy <input type="checkbox"/> Protein Shakes <input type="checkbox"/> Super foods (eg. Phytonutrient blends) <input type="checkbox"/> Liquid Meals <input type="checkbox"/> Other: _____ <th>Would you like to:</th> </td></td>	Medical (Women)	<input type="checkbox"/> Tobacco: Cig Chew # /day _____ # /yrs _____ <input type="checkbox"/> Alcohol: Wine: # /day _____ Liquor: # /day _____ Beer: # /day _____ <input type="checkbox"/> Water: # glasses/day _____ Exercise <input type="checkbox"/> 5-7 days per week <input type="checkbox"/> 3-4 days per week <input type="checkbox"/> 1-2 days per week <input type="checkbox"/> 45 min or more duration/wk <input type="checkbox"/> 30-45 min duration/workout <input type="checkbox"/> Less than 30 min <input type="checkbox"/> Walk <input type="checkbox"/> Run, Jog, Jump rope <input type="checkbox"/> Weight Lift <input type="checkbox"/> Swim <input type="checkbox"/> Box <input type="checkbox"/> Yoga <input type="checkbox"/> Other: _____ <th>Nutrition & Diet</th> <td> <input type="checkbox"/> Vitamin E <input type="checkbox"/> EPA/DHA <input type="checkbox"/> Evening Primrose/ GLA <input type="checkbox"/> Calcium, source _____ <input type="checkbox"/> Magnesium <input type="checkbox"/> Zinc <input type="checkbox"/> Minerals, describe _____ <input type="checkbox"/> Friendly flora (acidophilus) <input type="checkbox"/> Digestive Enzymes <input type="checkbox"/> Amino Acids <input type="checkbox"/> CoQ10 <input type="checkbox"/> Antioxidants (eg. Lutein, resveratrol, etc) <input type="checkbox"/> Herbs – teas <input type="checkbox"/> Herbs – extracts <input type="checkbox"/> Homeopathy <input type="checkbox"/> Protein Shakes <input type="checkbox"/> Super foods (eg. Phytonutrient blends) <input type="checkbox"/> Liquid Meals <input type="checkbox"/> Other: _____ <th>Would you like to:</th> </td>	Nutrition & Diet	<input type="checkbox"/> Vitamin E <input type="checkbox"/> EPA/DHA <input type="checkbox"/> Evening Primrose/ GLA <input type="checkbox"/> Calcium, source _____ <input type="checkbox"/> Magnesium <input type="checkbox"/> Zinc <input type="checkbox"/> Minerals, describe _____ <input type="checkbox"/> Friendly flora (acidophilus) <input type="checkbox"/> Digestive Enzymes <input type="checkbox"/> Amino Acids <input type="checkbox"/> CoQ10 <input type="checkbox"/> Antioxidants (eg. Lutein, resveratrol, etc) <input type="checkbox"/> Herbs – teas <input type="checkbox"/> Herbs – extracts <input type="checkbox"/> Homeopathy <input type="checkbox"/> Protein Shakes <input type="checkbox"/> Super foods (eg. Phytonutrient blends) <input type="checkbox"/> Liquid Meals <input type="checkbox"/> Other: _____ <th>Would you like to:</th>	Would you like to:
	<input type="checkbox"/> Date of last gynecological Exam _____ <input type="checkbox"/> Mammogram _____ <input type="checkbox"/> PAP _____ <input type="checkbox"/> Form of Birth Control <input type="checkbox"/> # of Children _____ <input type="checkbox"/> # of Pregnancies _____ <input type="checkbox"/> C-Section <input type="checkbox"/> Surgical Menopause <input type="checkbox"/> Menopause <input type="checkbox"/> Date of Last Menstrual Cycle _____ <th>Family Healthy History</th> <td> <input type="checkbox"/> Mixed food diet (animal & Veg) <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Salt Restriction <input type="checkbox"/> Fat Restriction <input type="checkbox"/> Starch/Carbohydrate Restriction <input type="checkbox"/> Total Calorie Restriction <input type="checkbox"/> Specific Food Restrictions <input type="checkbox"/> Other: _____ <th>Food Frequency</th><td> <input type="checkbox"/> Servings Per Day: _____ Fruits (Citrus, Melons, etc.) <input type="checkbox"/> Dark green or deep yellow/orange vegetables _____ <input type="checkbox"/> Grains (unprocessed) _____ <input type="checkbox"/> Beans, Peas, Legumes _____ <input type="checkbox"/> Dairy, Eggs _____ <input type="checkbox"/> Meat, Poultry, Fish _____ <th>Eating Habits</th> </td></td>	Family Healthy History	<input type="checkbox"/> Mixed food diet (animal & Veg) <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Salt Restriction <input type="checkbox"/> Fat Restriction <input type="checkbox"/> Starch/Carbohydrate Restriction <input type="checkbox"/> Total Calorie Restriction <input type="checkbox"/> Specific Food Restrictions <input type="checkbox"/> Other: _____ <th>Food Frequency</th> <td> <input type="checkbox"/> Servings Per Day: _____ Fruits (Citrus, Melons, etc.) <input type="checkbox"/> Dark green or deep yellow/orange vegetables _____ <input type="checkbox"/> Grains (unprocessed) _____ <input type="checkbox"/> Beans, Peas, Legumes _____ <input type="checkbox"/> Dairy, Eggs _____ <input type="checkbox"/> Meat, Poultry, Fish _____ <th>Eating Habits</th> </td>	Food Frequency	<input type="checkbox"/> Servings Per Day: _____ Fruits (Citrus, Melons, etc.) <input type="checkbox"/> Dark green or deep yellow/orange vegetables _____ <input type="checkbox"/> Grains (unprocessed) _____ <input type="checkbox"/> Beans, Peas, Legumes _____ <input type="checkbox"/> Dairy, Eggs _____ <input type="checkbox"/> Meat, Poultry, Fish _____ <th>Eating Habits</th>	Eating Habits
	<input type="checkbox"/> Menstrual Irregularities <input type="checkbox"/> Endometriosis <input type="checkbox"/> Infertility <input type="checkbox"/> Fibrocystic Breasts <input type="checkbox"/> Fibroids/Ovarian Cysts <input type="checkbox"/> Premenstrual Syndrome (PMS) <input type="checkbox"/> Breast Cancer <input type="checkbox"/> Pelvic Inflammatory Disease <input type="checkbox"/> Vaginal Infections <input type="checkbox"/> Decreased Sex Drive <input type="checkbox"/> Sexually Transmitted Disease <input type="checkbox"/> Other: _____ <input type="checkbox"/> Age of First Period _____ <input type="checkbox"/> Have more Energy <input type="checkbox"/> Be Stronger <input type="checkbox"/> Have more Endurance <input type="checkbox"/> Increase your sex drive <input type="checkbox"/> Be thinner <input type="checkbox"/> Be more muscular <input type="checkbox"/> Improve your complexion <input type="checkbox"/> Have stronger nails <input type="checkbox"/> Have healthier hair <input type="checkbox"/> Be less moody <input type="checkbox"/> Be less depressed <input type="checkbox"/> Feel more motivated <input type="checkbox"/> Be more organized <input type="checkbox"/> Think more clearly, be more focused <input type="checkbox"/> Improve memory <input type="checkbox"/> Do better on tests <input type="checkbox"/> Not be dependent on over-the-counter meds (aspirin, ibuprofen, sleeping aids, etc) <input type="checkbox"/> Stop using laxatives or stool softeners <input type="checkbox"/> Be free of pain <input type="checkbox"/> Sleep better <input type="checkbox"/> Have stronger teeth <input type="checkbox"/> Get less colds and flu's <input type="checkbox"/> Get rid of your allergies <input type="checkbox"/> Reduce your risk of inherited disease tendencies (eg. Cancer, heart disease, etc)	<input type="checkbox"/> Benign Prostatic Hyperplasia (BPH) <input type="checkbox"/> Prostate Cancer <input type="checkbox"/> Decreased Sex Drive <input type="checkbox"/> Infertility <input type="checkbox"/> Sexually Transmitted Disease <input type="checkbox"/> Other _____ <input type="checkbox"/> Menstrual Irregularities <input type="checkbox"/> Endometriosis <input type="checkbox"/> Infertility <input type="checkbox"/> Fibrocystic Breasts <input type="checkbox"/> Fibroids/Ovarian Cysts <input type="checkbox"/> Premenstrual Syndrome (PMS) <input type="checkbox"/> Breast Cancer <input type="checkbox"/> Pelvic Inflammatory Disease <input type="checkbox"/> Vaginal Infections <input type="checkbox"/> Decreased Sex Drive <input type="checkbox"/> Sexually Transmitted Disease <input type="checkbox"/> Other: _____ <input type="checkbox"/> Age of First Period _____ <input type="checkbox"/> Date of last gynecological Exam _____ <input type="checkbox"/> Mammogram _____ <input type="checkbox"/> PAP _____ <input type="checkbox"/> Form of Birth Control <input type="checkbox"/> # of Children _____ <input type="checkbox"/> # of Pregnancies _____ <input type="checkbox"/> C-Section <input type="checkbox"/> Surgical Menopause <input type="checkbox"/> Menopause <input type="checkbox"/> Date of Last Menstrual Cycle _____ <input type="checkbox"/> Arthritis <input type="checkbox"/> Asthma <input type="checkbox"/> Alcoholism <input type="checkbox"/> Alzheimer's Disease <input type="checkbox"/> Cancer <input type="checkbox"/> Depression <input type="checkbox"/> Diabetes <input type="checkbox"/> Drug Addiction <input type="checkbox"/> Glaucoma <input type="checkbox"/> Heart Disease <input type="checkbox"/> Infertility <input type="checkbox"/> Learning Disabilities <input type="checkbox"/> Mental Illness <input type="checkbox"/> Mental Retardation <input type="checkbox"/> Stroke <input type="checkbox"/> Suicide <input type="checkbox"/> Other: _____ <input type="checkbox"/> Migraine Headaches <input type="checkbox"/> Neurological Disorders (Parkinson's, paralysis) <input type="checkbox"/> Obesity	<input type="checkbox"/> Mixed food diet (animal & Veg) <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Salt Restriction <input type="checkbox"/> Fat Restriction <input type="checkbox"/> Starch/Carbohydrate Restriction <input type="checkbox"/> Total Calorie Restriction <input type="checkbox"/> Specific Food Restrictions <input type="checkbox"/> Other: _____ <input type="checkbox"/> Servings Per Day: _____ Fruits (Citrus, Melons, etc.) <input type="checkbox"/> Dark green or deep yellow/orange vegetables _____ <input type="checkbox"/> Grains (unprocessed) _____ <input type="checkbox"/> Beans, Peas, Legumes _____ <input type="checkbox"/> Dairy, Eggs _____ <input type="checkbox"/> Meat, Poultry, Fish _____ <input type="checkbox"/> Skip breakfast <input type="checkbox"/> Two meals/days <input type="checkbox"/> One meal/day <input type="checkbox"/> Graze (small frequent meals) <input type="checkbox"/> Food Rotation <input type="checkbox"/> Eat constantly (hungry or not) <input type="checkbox"/> Eat on the run <input type="checkbox"/> Add Salt to food <input type="checkbox"/> Current Supplements <input type="checkbox"/> Multivitamin/mineral <input type="checkbox"/> Vitamin C	<input type="checkbox"/> Have more Energy <input type="checkbox"/> Be Stronger <input type="checkbox"/> Have more Endurance <input type="checkbox"/> Increase your sex drive <input type="checkbox"/> Be thinner <input type="checkbox"/> Be more muscular <input type="checkbox"/> Improve your complexion <input type="checkbox"/> Have stronger nails <input type="checkbox"/> Have healthier hair <input type="checkbox"/> Be less moody <input type="checkbox"/> Be less depressed <input type="checkbox"/> Feel more motivated <input type="checkbox"/> Be more organized <input type="checkbox"/> Think more clearly, be more focused <input type="checkbox"/> Improve memory <input type="checkbox"/> Do better on tests <input type="checkbox"/> Not be dependent on over-the-counter meds (aspirin, ibuprofen, sleeping aids, etc) <input type="checkbox"/> Stop using laxatives or stool softeners <input type="checkbox"/> Be free of pain <input type="checkbox"/> Sleep better <input type="checkbox"/> Have stronger teeth <input type="checkbox"/> Get less colds and flu's <input type="checkbox"/> Get rid of your allergies <input type="checkbox"/> Reduce your risk of inherited disease tendencies (eg. Cancer, heart disease, etc)		

Please list all of your current medications and supplements

MEDICATIONS / SUPPLEMENTS	DOSAGE
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	
14.	
15.	
16.	
17.	
18.	
19.	
20.	

Please return your completed intake forms to Kauffman Chiropractic at least 24 hours before your scheduled appointment.

3 OPTIONS

1. Email to kauffman@kauffmanchiropractic.com
2. Or Fax to 513-683-6226
3. Or Drop Off at Kauffman Chiropractic
215 Loveland-Madeira Road
Loveland, OH 45140 (across from the Loveland post office)